

## Sample Dosing Guide

### Week 1 Suboxone prescription

Assume that patient will use approximately the following quantities of Suboxone 8/2 tablets

(8 mg buprenorphine combined with 2 mg naloxone):

	<u>Suboxone 8/2 Tablets needed</u>
Day 1: up to 24 mg (3 tablets of Suboxone 8/2)	3
Day 2: up to 24 mg (3 tablets of Suboxone 8/2)	3
Day 3: up to 20 mg (2 ½ tablets of Suboxone 8/2)	2 ½
Day 4: 16 mg (2 tablets of Suboxone 8/2)	2
Days 5, 6, 7: 16 mg per day	<u>2 + 2 + 2 = 6</u>
 Total tablets for week 1:	 16 ½ tablets

**For week 1:** Prescribe Suboxone 8/2, #17 tablets, with instructions to bring to clinic for dose initiation, or to follow dosing instructions.

**For subsequent weeks,** almost all patients will be stabilized on 2 tablets of Suboxone 8/2 (16 mg buprenorphine per day), taken once a day in the morning before leaving the house. If patients have chronic pain, they may need to have the dose divided (e.g. Suboxone 8/2, ½ tablet SL qid for pain and addiction), although the same total dose (16 mg) will often be adequate.

**A standard monthly prescription in a stable patient would be:**

Suboxone 8/2, 2 tablets SL q day, #60.

Remember to use the physician's "X" number on the prescription; this is the special DEA # that is issued when a physician receives the buprenorphine waiver.

Remember to log all prescriptions for Suboxone in the log that the DEA requires you to maintain. Please use the electronic version of the log supplied by Project ECHO, in order to help us track outcomes of treatment.