The 23rd Annual Update and Review of Internal Medicine 2019

October 20 - 25, 2019
La Fonda on the Plaza
Santa Fe, New Mexico

Course Directors:
University of New Mexico
Health Sciences Center
School of Medicine
Sanjeev Arora, MD
Beth Israel Deaconess Medical Center
Harvard Medical School
Sanjiv Chopra, MD
Martin J. Abrahamson, MD
Mark L. Zeidel, MD

SPECIAL SYMPOSIA:
- Hepatitis
- Cardiovascular Disease Prevention
- Obesity & Nutrition Symposium
- Women’s Health Symposium

KEYNOTE & SPECIAL LECTURES:
- Exemplary Leadership – Lessons from History and Contemporary Times
- Quality Improvement: Raising the Bar
- Artificial Intelligence in Medicine: Promise and Pitfalls
- Disruptive Innovations in Health Care: Project ECHO®

Now offering ABIM MOC points

Combine Education with the Flavor of Southwestern Hospitality in Santa Fe
"The City Different"...
Course Description

Who Should Attend?
- Practicing internists, family medicine practitioners, and primary care physicians interested in refreshing their knowledge of internal medicine.
- Physicians preparing for the Recertification Examination or the Internal Medicine Boards.

This course will provide you with:
- An understanding of the clinically important advances that have been made in common diseases.
- An awareness of areas of strength and weakness by participating in case-based sessions using an interactive wireless Audience Response System.
- Recommendations for optimal management of many common diseases.
- Access to the course syllabus online.

Objectives
The major objective of this course is to provide a comprehensive review of the most important advances that have recently been made in internal medicine. Although board review is not the primary purpose of the course, question-based sessions are included and are likely to be useful to candidates taking the Internal Medicine Boards or the Recertification Examination.

The course is directed at the level of the internist and family practitioner in practice and will also be useful for residents. The emphasis will be placed on progress that has been made in pathophysiology and clinical management in the most common disorders seen by the internist and family practitioner. Each of the major subspecialties will be covered including cardiology, endocrinology, gastroenterology, hematology, infectious disease, nephrology, women’s health, oncology, pulmonary disease, obesity and nutrition, and rheumatology.

Much of the material will be presented in lecture format by the best teachers and clinicians from two major medical centers. In addition, each specialty will have a case-based session using an interactive wireless Audience Response System that will be present on your desk. This system will allow you (anonymously) to test your knowledge in the different areas of medicine.

Course Directors

<table>
<thead>
<tr>
<th>University of New Mexico Health Sciences Center</th>
<th>Beth Israel Deaconess Medical Center</th>
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<tr>
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<td>Mark L. Zeidel, MD</td>
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<td>Chair, Department of Medicine</td>
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Comments from Past Attendees...
- “Overall, the best review course I have attended. I would highly recommend it.”
- “Excellent, comprehensive conference in a great setting.”
- Wonderful review – very relevant!
- Excellent and comprehensive. It was stimulating to learn more. Will be back again!
- “Wonderful, relevant review – a learning vacation!”
- You have chosen superb teachers for this course – as usual. You cannot imagine how much this course has helped in our large internal medicine practice the past three years I have attended.”
Faculty

Beth Israel Deaconess Medical Center
Harvard Medical School

Martin J. Abrahamson, MD, FACP
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Harvard Medical School
Director, Division of CME
Department of Medicine
Beth Israel Deaconess Medical Center

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Division of Pulmonary, Critical Care and Sleep Medicine
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James Tullis Firm Chief
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Senior Consultant in Hepatology
Beth Israel Deaconess Medical Center

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Harvard Medical School
Director, Breast Medical Oncology Program
Beth Israel Deaconess Medical Center

Reed Drews, MD
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Harvard Medical School
Hematology/Oncology Division
Beth Israel Deaconess Medical Center

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Course Director, Hemostasis 2
Harvard Medical School
Beth Israel Deaconess Medical Center

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Theodore W. and Evelyn G. Berenson Professor of Medicine
Harvard Medical School
Medical Oncology Division
Beth Israel Deaconess Medical Center

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Associate Professor of Medicine
Harvard Medical School
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Medical Director, ECHO Pain Program

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Emeritus Executive Vice President for UNM Health Sciences Center

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University of New Mexico
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UNM Truman Health Services

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New Mexico VA Health Care System
Professor, Division of Gastroenterology and Hepatology
Vice Chair for VA Affairs,
Department of Internal Medicine

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APD, Infectious Disease Fellowship
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Regents’ Professor
Distinguished Professor of Medicine
Chief, Division of Endocrinology and Metabolism
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Division of Cardiology
Department of Internal Medicine

Mark L. Schlueter, MD
Retired Associate Professor, UNM
Department of Surgery

David Scrase, MD
Associate Professor
Division of Geriatrics and Integrative Medicine
Department of Internal Medicine

Jerome P. Yatskovitz, MD
Assistant Professor
Division of Cardiology
Department of Internal Medicine

Guest Faculty

Robert Carithers, MD
Professor Emeritus
Division of Gastroenterology
Department of Medicine
University of Washington
Seattle, WA

Amita R. Chopra, MD, FAAP
Former attending staff member at Massachusetts General Hospital,
Boston Children’s Hospital and Beth Israel Deaconess Medical Center
Boston, MA

Frank J. Domino, MD
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Editor in Chief, 5 Minute Clinical Consult
University of Massachusetts Medical School

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Assistant Professor
Division of Cardiology
Department of Internal Medicine
### Course Schedule

#### Sunday, October 20, 2019
7:00 am - 7:30 am  
Registration and Continental Breakfast

**Welcome and Introductions**
7:30 am - 7:40 am  
Martin J. Abrahamson, MD  
Sanjeev Arora, MD; Sanjiv Chopra, MD

**SPECIAL SYMPOSIUM: Preventing Cardiovascular Disease**
AHA 2018 Guidelines – Problems and Solutions
7:40 am - 8:20 am  
R. Philip Eaton, MD and David S. Schade, MD

The Approach to the Patient with Angina – Cardiology Viewpoint
8:20 am - 8:55 am  
Jerome P. Yatskovitz, MD

The Approach to the Patient with Angina – Endocrinology Viewpoint
8:55 am - 9:30 am  
R. Philip Eaton, MD and David S. Schade, MD

Rebuttal, Cases and Questions from Audience
9:30 am - 9:45 am  
Jerome P. Yatskovitz, MD; R. Philip Eaton, MD and David S. Schade, MD
9:45 am - 10:00 am  
Break

**Endocrinology**
Treatment of Type 2 Diabetes 2019: Challenges and Opportunities
10:00 am - 10:50 am  
Martin J. Abrahamson, MD

A Practical Approach to the Diagnosis and Management of Thyroid Diseases
10:50 am - 11:30 am  
Martin J. Abrahamson, MD
11:30 am - 12:40 pm  
Lunch Break

Endocrinology Q & A
12:40 pm - 12:55 pm  
Martin J. Abrahamson, MD

Endocrinology: Challenging Cases with Your Participation
12:55 pm - 1:40 pm  
Martin J. Abrahamson, MD
1:40 pm - 1:50 pm  
Rejuvenation Exercise

**Infectious Disease**
Staphylococcus Aureus - Resistance and Severe Infection in 2019
1:50 pm - 2:35 pm  
Natalie Mariam Salas, MD

Antibiotic Strategies
2:35 pm - 3:20 pm  
Michelle landiorio, MD
3:20 pm - 3:35 pm  
Break

Parting Shot – Getting Adult Immunization Right
3:35 pm - 4:25 pm  
Michelle landiorio, MD

HIV Infection: What the PCP Needs to Know
4:25 pm - 5:10 pm  
Michelle landiorio, MD
5:10 pm - 5:15 pm  
Stretch Break

The New C. Difficile – Epidemiology, Treatment and Prevention
5:15 pm - 5:55 pm  
Natalie Mariam Salas, MD

Infectious Disease Q & A
5:55 pm - 6:10 pm  
Michelle landiorio, MD, Natalie Mariam Salas, MD

Infectious Disease: Challenging Cases with Your Participation*
6:10 pm - 6:55 pm  
Michelle landiorio, MD

#### Monday, October 21, 2019
6:30 am - 7:00 am  
Continental Breakfast

**SPECIAL LECTURES**
Vitamin D: What's Myth & What's Fact?
7:00 am - 7:40 am  
Frank J. Domino, MD

Disruptive Innovations in Health Care: Project ECHO
7:40 am - 8:25 am  
Sanjeev Arora, MD

**SPECIAL SYMPOSIUM: Hepatitis**
Alcoholic Hepatitis: An Update
8:25 am - 8:55 am  
Robert Carithers, MD

Hepatitis B: An Update
8:55 am - 9:35 am  
Sanjeev Chopra, MD

Chronic Hepatitis C: The Silent Epidemic
9:35 am - 10:20 am  
Sanjeev Arora, MD
10:20 am - 10:40 am  
Break

**Gastroenterology**
Inflammatory Bowel Disease
10:40 am - 11:20 am  
Henry Lin, MD
11:20 am - 12:30 pm  
Lunch Break

Gastroenterology Q & A
12:30 pm - 12:45 pm  
Henry Lin, MD; Sanjeev Chopra, MD

Gastroenterology: Challenging Cases with Your Participation*
12:45 pm - 1:30 pm  
Sanjeev Chopra, MD
1:30 pm - 1:40 pm  
Rejuvenation Exercise

**Obesity & Nutrition Symposium**
Weight Loss: Motivating Patients and Optimizing Adherence: Diet & Exercise
1:40 pm - 2:20 pm  
Frank J. Domino, MD

Medical Management of Obesity
2:20 pm - 3:10 pm  
Martin J. Abrahamson, MD

Panel Discussion
3:10 pm - 3:25 pm

3:25 pm - 3:40 pm  
Break

**SPECIAL LECTURES**
Laboratory Tests and Diagnostic Procedures in Liver Disease: Adventures in Liver Land
3:40 pm - 4:30 pm  
Sanjeev Chopra, MD

Diabetes – past, present and future – 10 most important advances in patient management
4:30 pm - 5:10 pm  
Martin J. Abrahamson, MD
5:10 pm - 5:15 pm  
Stretch Break

**Pulmonary Disease – Part I**
Pulmonary Hypertension
5:15 pm - 6:00 pm  
H. Katrina Busby, MD

Mycobacterial Disease
6:00 pm - 6:45 pm  
H. Katrina Busby, MD

Questions from audience
6:45 pm - 6:55 pm  
H. Katrina Busby, MD
Tuesday, October 22, 2019
6:30 AM - 7:00 AM .......... Continental Breakfast

Oncology
Update on Lung and Colorectal Cancers
7:00 AM - 7:45 AM .......... Steven E. Come, MD
Prostate Cancer: Current Management and Continuing Controversies
7:45 AM - 8:30 AM .......... Steven E. Come, MD
8:30 AM - 8:50 AM .......... Break
Progress in Cancer: Genes, Genomics, Immunotherapy
8:50 AM - 9:35 AM .......... Lowell E. Schnipper, MD
How We Think About and Manage Breast Cancer in 2019
9:35 AM - 10:20 AM .......... Steven E. Come, MD
Oncology Q & A
10:20 AM - 10:35 AM .......... Lowell E. Schnipper, MD
Oncology: Challenging Cases with Your Participation*
10:35 AM - 11:20 AM .......... Lowell E. Schnipper, MD
11:20 AM - 12:30 PM .......... Lunch Break

SPECIAL LECTURES
Non-Alcoholic Steatohepatitis:
The Burgeoning Epidemic
12:30 PM - 1:10 PM .......... Sanjiv Chopra, MD
Quality Improvement: Raising the Bar
1:10 PM - 1:55 PM .......... Mark L. Zeidel, MD
1:55 PM - 2:00 PM .......... Rejuvenation Exercise

KEYNOTE LECTURE
Exemplary Leadership – Lessons from History and Contemporary Times
2:00 PM - 2:45 PM .......... Sanjiv Chopra, MD

Nephrology
Managing Electrolyte Disorders: Is it just Salt and Water?
2:45 PM - 3:25 PM .......... Mark L. Zeidel, MD
3:25 PM - 3:40 PM .......... Break
An Update in Nephrology
3:40 PM - 4:20 PM .......... Melanie P. Hoenig, MD
End Stage Renal Disease: A Model for the Medical Home
4:20 PM - 5:00 PM .......... Mark L. Zeidel, MD
5:00 PM - 5:05 PM .......... Stretch Break
Chronic Kidney Disease Management: It’s Not Just for Nephrologists
5:05 PM - 5:45 PM .......... Melanie P. Hoenig, MD
Nephrology Q & A
5:45 PM - 6:00 PM .......... Melanie P. Hoenig, MD
Nephrology: Challenging Cases with Your Participation
6:00 PM - 6:45 PM .......... Melanie P. Hoenig, MD

Wednesday, October 23, 2019
6:30 AM - 7:00 AM .......... Continental Breakfast

MISCELLANEOUS TOPICS
Scientific Underpinnings of Meditation
7:00 AM - 7:45 AM .......... Amita R. Chopra, MD, FAAP
Artificial Intelligence in Medicine: Promise and Pitfalls
7:45 AM - 8:20 AM .......... Venkat Srinivasan, PhD
Best Practices Pain Management for Patients with Chronic Non-Cancer Pain
8:20 AM - 9:10 AM .......... Joanna Katzman, MD
9:10 AM - 9:25 AM .......... Break

Hematology
The Many Faces of Thrombocytopenia
9:25 AM - 10:10 AM .......... Kenneth Kaushansky, MD
Selected Clinical Challenges in Hematology
10:10 AM - 11:00 AM .......... Reed Drews, MD
11:00 AM - 11:05 AM .......... Stretch Break
Developments in Thrombosis and Anticoagulation
11:05 AM - 11:45 AM .......... Kenneth D. Friedman, MD
Anemia: Not-to-miss Diagnoses
11:45 AM - 12:30 PM .......... Reed Drews, MD
Hematology Q & A
12:30 PM - 12:40 PM .......... Kenneth D. Friedman, MD

Hematology: Challenging Cases with Your Participation*
12:40 PM - 1:25 PM .......... Reed Drews, MD
Afternoon free for leisure activities.

Santa Fe is truly one of the most remarkable cities in the world. It is blessed with spectacular mountains, blue skies, clean air, vivid sunsets and a mild changing of the seasons. There are many activities available in Santa Fe on a daily or nightly basis for you and your family. Santa Fe is the third largest art market in the country. Browse through an astonishing array of shops, boutiques, galleries and fine museums. Excellent restaurants, featuring every type of cuisine, are numerous.

Airline/Transportation - Santa Fe is served by all major airlines through the Albuquerque International Airport, which is just an hour’s drive via Interstate 25. The Sandia Shuttle Express operates between the Albuquerque International Airport and downtown Santa Fe at convenient intervals throughout the day. Reservations are recommended. Please call toll free (888) 775-5696 for reservations, or visit their website at www.sandia shuttle.com.
### Thursday, October 24, 2019
6:00 AM - 7:00 AM .......... Continental Breakfast

#### Pulmonary Disease – Part II

- COPD and Severe Asthma Update 2019: The Dutch Hypothesis meets Biologic Therapies  
  7:30 AM - 8:15 AM .......... Douglas M. Beach, MD
- Pulmonary: Challenging Cases with Your Participation  
  8:15 AM - 9:00 AM .......... Douglas M. Beach, MD

#### Rheumatology

- Diagnostic Tests in Rheumatic Diseases:  
  What’s Old, What’s New & What’s Useful  
  9:00 AM - 9:40 AM .......... Robert H. Shmerling, MD
  9:40 AM - 10:00 AM .......... . Break
- Advances in Rheumatoid Arthritis  
  10:00 AM - 10:40 AM .......... Arthur Bankhurst, MD
- Rheumatology Q & A  
  10:40 AM - 10:55 AM .......... Robert H. Shmerling, MD
- Rheumatology: Challenging Cases with Your Participation  
  10:55 AM - 11:40 AM .......... Robert H. Shmerling, MD

#### MISCELANEOUS TOPIC

- Radiology Review: The Right Test at the Right Time  
  11:40 AM - 12:25 PM .......... Mahan Mathur, MD
  12:25 PM - 1:35 PM .......... Lunch Break

#### Cardiology

- Valvular Heart Disease  
  1:35 PM - 2:20 PM .......... Alex Schevchuck, MD
  2:20 PM - 2:30 PM .......... Rejuvenation Exercise
- Congestive Heart Failure  
  2:30 PM - 3:15 PM .......... Mark E. Garcia, MD
- Acute Coronary Syndrome  
  3:15 PM - 4:30 PM .......... Stacey Clegg, MD
  4:30 PM - 4:45 PM .......... Break
- Atrial Fibrillation: Current Approaches to Management  
  4:45 PM - 5:25 PM .......... Sean P. Mazer, MD
- Cardiology Q & A  
  5:25 PM - 5:45 PM .......... Alex Schevchuck, MD;
  Mark E. Garcia, MD;
  Stacey Clegg, MD;
  Sean P. Mazer, MD
- Cardiology: Challenging Cases with Your Participation  
  5:45 PM - 6:30 PM .......... Paul Andre, MD

### Friday, October 25, 2019
7:00 AM - 7:30 AM .......... Continental Breakfast

#### SPECIAL LECTURE

- Sharpen Your “Eye-Q”: an interactive Ophthalmology review and update  
  7:30 AM - 8:20 AM .......... Mark L. Schluter, MD

#### MISCELANEOUS TOPICS

- Thieves Market  
  8:20 AM - 9:20 AM .......... David Scrase, MD
- Four Common Pain Conditions: Managing them Painless!  
  9:20 AM - 10:05 AM .......... George D. Comerci, Jr., MD
  10:05 AM - 10:25 AM .......... . Break
- Primary Care Treatment of Depression and Anxiety  
  10:25 AM - 11:15 AM .......... Brant Hager, MD
- Current Concepts in the Diagnosis and Treatment of Osteoporosis  
  11:15 AM - 12:00 PM .......... Arthur Bankhurst, MD
  12:00 PM - 1:10 PM .......... Lunch Break

#### Women’s Health Symposium

- What’s New in Reproductive Health  
  1:10 PM - 1:55 PM .......... Jamie Krashin, MD
- Female Urinary Incontinence in Primary Care  
  1:55 PM - 2:40 PM .......... Gena C. Dunivan, MD
- Polycystic Ovarian Syndrome  
  2:40 PM - 3:25 PM .......... Nicholas L. Andrews, MD
- Questions from Audience  
  3:25 PM - 3:45 PM .......... Jamie Krashin, MD;
  Gena C. Dunivan, MD;
  Nicholas L. Andrews, MD
  3:45 PM  .......... Adjourn

* Computer-based interactive sessions
* Final Program subject to change.

#### Contact Information

For additional information contact:
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Albuquerque, NM 87131
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Visit our website at:  
[https://echo.unm.edu/internal-med-santafe-2019](https://echo.unm.edu/internal-med-santafe-2019)

Individuals requiring special accommodations should contact the Continuing Education at (505) 272-6554 as early as possible. UNM is in compliance with the Rehabilitation Act of 1973 and the Americans with Disabilities Act of 1990.
**General Information**

**Accreditation**
- AMA: The University of New Mexico School of Medicine, Office of Continuing Medical Education is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians. The Office of Continuing Medical Education designates this live activity for a maximum of 50.0 AMA PRA Category 1 Credit(s)™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.
- AAFP: Application for CME credit has been filed with the American Academy of Family Physicians. Determination of credit is pending.
- AOA: Application for 2A accreditation has been filed with the American Osteopathic Association.
- ABIM Maintenance of Certification: Successful completion of this CME activity enables the participant to earn up to 50.0 MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. Participants will earn MOC points equivalent to the number of CME credits claimed for the activity. It is the CME activity provider’s responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC points.

**Accommodations**
- La Fonda on the Plaza, Santa Fe, NM 100 East San Francisco 800-523-5002, Option #1 or 505-982-5511, Option #1 Group Code: 849968
  - Traditional Room rate: $215.00 single/ double occupancy (a limited number of Standard Rooms are available at $199.00 s/d occupancy)
  - *Based on availability, upgraded rooms are available at special room rates:
    - Deluxe Room: $245.00 s/d occupancy
    - One-bedroom Suite: $275.00 s/d occupancy
  - *Please contact Hotel directly to make reservations for Deluxe Rooms, One-bedroom Suites, and Terrace at La Fonda Rooms. Please call between the hours of (Mountain Standard Time): Monday – Friday: 7am-8pm; Saturday: 8am-5pm; Sunday: 9am-5pm

**Tuition Remission**
- All eligible UNM Faculty and Staff may enroll using a tuition remission (waiver) to cover tuition costs listed. Properly completed remissions must accompany the registration form. Proper completion includes all required signatures. No refund or credit will be issued for non-attendance.

**REGISTRATION FORM – UPDATE AND REVIEW OF INTERNAL MEDICINE 2019**

**NAME:** ___________________________  **DEGREE & SPECIALTY:** ___________________________

**ADDRESS:** ____________________________________________________________

**CITY:** ___________________________  **STATE:** ___________________________  **ZIP:** ___________________________

**DAYTIME PHONE:** (_____)  **FAX:** (_____)  **EMAIL:** ___________________________

**Check here if you would like to have your name, address and phone number included on the list of attendees provided at the meeting.**

**Check here if you wish to purchase the two-volume syllabus for an additional $75.00.**

**“EARLY BIRD” REGISTRATION (Postmarked on or before 9/27/19)**
- MD, DO $1,395.00
- House Officer $1,245.00

**“REGULAR” REGISTRATION (Postmarked after 9/27/19)**
- MD, DO $1,495.00
- House Officer $1,345.00

**PLEASE INDICATE METHOD OF PAYMENT:**
- [ ] CHECK  [ ] MASTERCARD  [ ] VISA (include last 3 numbers of code on back of card)

**ACCOUNT #: ___________________________  **EXPIRATION DATE:** ___________________________

**SIGNATURE:** ___________________________  **AMOUNT:** $ ___________________________

Make check payable to UNM ECHO Institute Continuing Education and mail it along with this form to: UNM Continuing Education, MSC07 4245, 1 University of New Mexico, Albuquerque, NM 87131-0001. Telephone registrations (505) 272-6554 and FAX registrations (505) 272-6906 will be accepted with VISA and Mastercard. Your registration will be confirmed by email.
Update and Review of Internal Medicine 2019

October 20 - 25, 2019