Emergency Departments: Before COVID

- Ongoing education
- Community support
- Disaster Preparedness
- Surge Planning
- ED overcrowding
- Behavioral Health Boarding
ED Clinical Reality During COVID

**Increased**
- Higher acuity patients
- Frequency of code / intubation
- Use of PPE
- Use of tele presence
- Realtime education
- New techniques /equipment
- End of life discussions

**Decreased**
- Volume of patients
- Trauma/stroke/STEMI
- Supplies
- Families and visitors
- Chronic health conditions
- Lack of NIV
- Post acute care beds
Safe Airway Management for COVID-19 Positive Patients

RISKS TO CARE PROVIDERS  MITIGATION STRATEGIES

Any hospital with compromised airway are at risk for
- POISONING
- PNEUMONIA
- HIGH AIR
- INADEQUATE AIR
- PROLONGED USE

Strategies for Optimizing PPE

Prioritize HCP Safety:

Self Care for Emergency Nurses During COVID-19

Daily Self-Care
- Practice a Daily Routine
  - Daily Exercise
  - Adequate Sleep

Workplace Self-Care
- Prioritize Your Safety
- Prioritize Regular Breaks
- Maximize Opportunities for Support
  - Minimize Social Media Use
  - Healthy Nutrition
  - Ask for Help
  - Debrief with Care Team

After-Care
- Healing is Different for Everyone
  - Emotions may vary
  - Talking helps some, but not everyone
  - Lean on friends and family
  - Make time for yourself

Resources

Adapted by Sue Anne Bell, PhD, FNP-BC, NHDP-BC from: “The Well Nurse,” 2015 ENA topic brief

ena.org
ED Nursing COVID Concerns

- Triage and Screening
- PPE Considerations
- Staff Well Being & Mental Health
- Scarce Resources Allocation
Success

- Stay at home orders
- Inter-unit collaboration
- Collaboration with EMS during transitions of care
- Load sharing within the hospital systems
- Daily Innovations
- Public Support