



Bellevue

Clinical Care Aspects of COVID-19: Transitions of Care from Acute Care to Long Term Care

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Clinical Experience

- > 1300 COVID+ discharges
- Wide spectrum of recovery
 - Prolonged recovery / PICS / PICS-F
 - Deconditioning
 - Late complications?

Transition from the ICU

- COVID-19 + patients have longer ICU course than regular ICU patients
- General Criteria:
 - Extubated, hemodynamically stable for 24-48h
 - Tracheostomy / timing
 - Stable respiratory symptoms
 - Tolerating HD
- ICU vs SDU vs long-term care

Transition from the ICU

- Barriers:
 - Bed capacity
 - SDU / “pop-up” ICU/ prolonged ICU
- Other issues:
 - Delirium
 - PT/OT
 - VTE ppx
 - Medications

Hospital Discharge

- Medical stability – home vs long-term care facility
 - Readiness determined by primary team
- Discharge home:
 - Isolation information
 - Guide for members of the household on isolating & self monitoring
 - Home O2 if required
 - PT/ OT/ nursing care – identifying appropriate companies that can offer services
 - Homelessness
- Discharge to long-term care facility
 - Capacity / HD? / Resp status
 - Retesting
 - Long-term follow-up

Questions?