Clinical Care Aspects of COVID-19:
Transitions of Care from Acute Care to Long Term Care

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Clinical Experience

• > 1300 COVID+ discharges

• Wide spectrum of recovery
  • Prolonged recovery / PICS / PICS-F
  • Deconditioning
  • Late complications?
Transition from the ICU

- COVID-19 + patients have longer ICU course than regular ICU patients

- General Criteria:
  - Extubated, hemodynamically stable for 24-48h
    - Tracheostomy / timing
  - Stable respiratory symptoms
  - Tolerating HD

- ICU vs SDU vs long-term care
Transition from the ICU

- Barriers:
  - Bed capacity
  - SDU / “pop-up” ICU/ prolonged ICU

- Other issues:
  - Delirium
  - PT/OT
  - VTE pp
  - Medications
Hospital Discharge

• Medical stability – home vs long-term care facility
  • Readiness determined by primary team

• Discharge home:
  • Isolation information
  • Guide for members of the household on isolating & self monitoring
  • Home O2 if required
  • PT/OT/nursing care – identifying appropriate companies that can offer services
  • Homelessness

• Discharge to long-term care facility
  • Capacity / HD? / Resp status
  • Retesting
  • Long-term follow-up
Questions?