RHEUMATOLOGY
TeleECHO Clinic

There are over 100 arthritic or rheumatologic musculoskeletal diseases and conditions affecting thousands of New Mexico (CDC, Arthritis in NM, Fact Sheet 2010). Seropositive and seronegative conditions like arthritis, lupus, fibromyalgia, and the genetic predispositions to certain rheumatological disorders of some New Mexicans can lead to diminished quality of life and disability if left untreated.

Rheumatology is a rapidly evolving medical specialty. Treatment of chronic rheumatologic disorders is improving with the introduction of new forms of treatment, and through early diagnosis. The Rheumatology TeleECHO Clinic is designed to provide a consultative link between specialists and community clinicians throughout the state. Its goal is to provide rheumatology consultations regarding any rheumatologic disease condition, and to train clinicians at distant sites to become experts in the care of these conditions and become a local resource for rheumatologic disease care.

WHO IS ELIGIBLE TO PARTICIPATE IN THE RHEUMATOLOGY TELEECHO CURRICULUM?

Any clinicians with an interest in Rheumatology. To enroll, e-mail Distance Ed. Coordinator, Melissa Britt, BS at mbritt@salud.unm.edu

Course Schedule – Weekly, Monday from 12:05 – 1:30 pm

HOW TO REGISTER

To register please contact Cynthia Olivas or Melissa Britt to receive the link. If you are on the weekly listserve, the registration link is included in each email.

Please plan to register two days prior to clinic to receive your username and password.

A TYPICAL TELEECHO SESSION

12:05-12:10 Welcome and Introductions
12:10-12:45 Didactic Session
12:45-1:05 Case Presentations
1:05-1:30 Case Presentations/Q & A

HOW TO PARTICIPATE IN OUR RHEUMATOLOGY TELEECHO CLINIC?

- Participants complete periodic surveys evaluating practice style, knowledge, and self-efficacy related to treating rheumatologic disorders.
- Present patient cases via telephone or video using the template found on our website: http://echo.unm.edu/nm-teleecho-clinics/rheumatology-clinic/
- Participate in didactic presentations.

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Project ECHO

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RHEUMATOLOGY TELEECHO™ Clinic Curriculum 2015 Schedule

INTRODUCTION TO RHEUMATIC CONDITIONS

Jan 1 ’15  Approach to Rheumatology: Dr. Fields
Jan 12  Rheumatology at a Glance: Dr. Bankhurst, Dr. Fields
Jan 19  MLK Holiday- Clinic Closed
Jan 26  When It Really Hurts- Part 1:
Dr. Bankhurst, Dr. Fields
Feb 2  When It Really Hurts- Part 2:
Dr. Bankhurst, Dr. Fields
Feb 9  Joint Examination and Injection Techniques:
Dr. Bankhurst, Dr. Fields
Feb 16  Patient Resources: Katelyn Wegusen

RHEUMATOID ARTHRITIS

Feb 23  Rheumatoid Arthritis at a Glance- Part 1:
Dr. Bankhurst, Dr. Fields
Mar 2  Rheumatoid Arthritis at a Glance- Part 2:
Dr. Bankhurst, Dr. Fields
Mar 9  Rheumatoid Arthritis at a Glance- Part 3:
Dr. Bankhurst, Dr. Fields
Mar 16  Laboratory Evaluations- Objective 1:
Dr. Bankhurst, Dr. Fields
Mar 23  Physical Therapy Considerations- RA:
Christine Zampach, MEd, DPT
Mar 30  Health Maintenance: Santhi Penmetsa, MD

OSTEOARTHRITIS

Apr 6  Osteoarthritis- Part 1: Dr. Bankhurst, Dr. Fields
Apr 13  Osteoarthritis- Part 2: Dr. Bankhurst, Dr. Fields
Apr 20  Physical Therapy Considerations- OA:
Christine Zampach, MEd, DPT
Apr 27  Pharmacological Management- OA:
Mikiko Yamada, PharmD

FIBROMYALGIA

May 4  Fibromyalgia Update: Dr. Bankhurst, Dr. Fields
May 11  Introduction to Coping Skills in Chronic Pain:
Krishna Chari, PsyD
May 18  Assessment and Meaning of Mood in Chronic Pain:
Krishna Chari, PsyD
May 25  Memorial Day- Clinic Closed
Jun 1  Treating Anxiety and Depression:
Tina Carlson, APRN
Jun 8  Pharmacological Management: Ernie Dole, PharmD

MUSCULOSKELETAL

Jun 15  Ankylosing Spondylitis: Dr. Bankhurst, Dr. Fields
Jun 22  Evaluation and Management of LBP:
Andrew Paterson, MD
Jun 29  Chiropractic Care for LBP: Tom Arnold, DC
Jul 6  Knee Pain- Differential Diagnosis:
Chris Mcgrew, MD
Jul 13  Shoulder Pain- Differential Diagnosis:
Chris Mcgrew, MD

SPECIALITY TREATMENTS

Jul 20  When is Biologic Therapy Indicated?:
Dr. Bankhurst, Dr. Fields
Jul 27  Adult Patient Resources: Pam Gill
Aug 3  Joint Injections: Wilmer Sibbitt, MD

INFLAMMATORY ARTHROPATHIES

Aug 10  Crystal Arthropathies- Part 1:
Dr. Bankhurst, Dr. Fields
Aug 17  Crystal Arthropathies- Part 2:
Dr. Bankhurst, Dr. Fields
Aug 24  Lupus- Part 1: Dr. Bankhurst, Dr. Fields
Aug 31  Lupus- Part 2: Dr. Bankhurst, Dr. Fields
Sep 7  Labor Day- Clinic Closed
Sep 14  Diffuse Arthralgias and Myalgias- Part 1:
Dr. Bankhurst, Dr. Fields
Sep 21  Diffuse Arthralgias and Myalgias- Part 2:
Dr. Bankhurst, Dr. Fields
Sep 28  Inflammatory Myopathies:
Dr. Bankhurst, Dr. Fields

PATIENT AND PROVIDER MANAGEMENT

Oct 5  Provider Burnout: Jonathan Bolton
Oct 12  Occupational Therapy:
Janet Poole, PhD, ORT/L
Oct 19  Doctor It Hurts! How to Embrace Pain in Rheumatology:
Daniel Duhigg, DO, MBA
Oct 26  Self-Management Strategies: TBA

PAIN MANAGEMENT

Nov 2  Pain Epidemiology:
Joanna Katzman, MD, MSPH
Nov 9  Chronic Opioid Therapy- Medical Concerns:
Daniel Duhigg, DO, MBA
Nov 16  Chronic Opioid Therapy- Behavioral Concerns:
Daniel Duhigg, DO, MBA
Nov 23  Nursing Assessment of Aberrant Behaviors:
Cynthia Olivas, MSN, RN
Nov 30  Addiction and Chronic Pain:
Ernie Dole, PharmD

OSTEOPOROSIS

Dec 7  Osteoporosis- Part 1:
Dr. Bankhurst, Dr. Fields
Dec 14  Osteoporosis- Part 2:
Dr. Bankhurst, Dr. Fields
Dec 21  TBA
Dec 28  Winter Break- Clinic Closed