

## Endocrinology TeleECHO Clinic Case Presentation Form

Complete ALL ITEMS on this form and fax to 505-272-6906.

**\*Required items in order to de-identify your case.**

<b>1. Patient First Name*:</b>	
<b>2. Patient Last Name*:</b>	
<b>3. Patient Birthday*:</b> (month/day/year)	
<b>4. Patient Gender*:</b>	
<b>5. Clinic/Facility Name and City*:</b>	
<b>When do you want to present your case? Date and approximate time?</b>	

**PLEASE NOTE that Project ECHO® case consultations do not create or otherwise establish a provider-patient relationship between any UNMHSC clinician and any patient whose case is being presented in a Project ECHO® setting.**

**When we receive your case, we will email you with a confidential patient ID number (ECHO ID) that must be utilized when identifying your patient during clinic.**

*The information in this FAX message is privileged and confidential. It is intended only for the use of the recipient at the location above. If you have received this in error, any dissemination, distribution or copying of this communication is strictly prohibited. If you receive this message in error, please notify UNM Project ECHO at 505-925-2405 immediately.*

## Endocrinology TeleECHO™ Clinic

— PCOS/HIRSUTISM PRESENTATION TEMPLATE —

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Date: \_\_\_\_\_ Presenter Name: \_\_\_\_\_ Clinic Site: \_\_\_\_\_

ECHO ID: \_\_\_\_\_  New  Follow Up Patient Age: \_\_\_\_\_ Biologic Gender:  Male or  Female

Insurance:  Medicaid/Centennial  Medicare,  Private,  None Insurance Company: \_\_\_\_\_

Race:  American Indian/Alaskan Native,  Asian,  Black/African American,  Native Hawaiian/Pacific Islander,  White/Caucasian,  Multi-racial,  Other \_\_\_\_\_,  Prefer not to say

Ethnicity:  Hispanic/Latino,  Not Hispanic/Latino,  Prefer not to say

Diagnosis:  Polycystic Ovary Syndrome (PCOS)  Hirsutism without PCOS Date of Diagnosis: \_\_\_\_\_

### Symptoms:

- |  |  |  |  |
|--|--|--|--|
| <input type="checkbox"/> Abnormal Menses | <input type="checkbox"/> Acne            | <input type="checkbox"/> Easy Bruising       | <input type="checkbox"/> Galactorrhea  |
| <input type="checkbox"/> Hair Loss       | <input type="checkbox"/> Headaches       | <input type="checkbox"/> Hirsutism           | <input type="checkbox"/> Infertility   |
| <input type="checkbox"/> Mood Changes    | <input type="checkbox"/> Muscle Weakness | <input type="checkbox"/> Visual Disturbances | <input type="checkbox"/> Weight Change: _____<br><input type="checkbox"/> lbs. <input type="checkbox"/> kgs. |

Other: \_\_\_\_\_

### Past Medical History:

- |                                       |   |  |  |
|---------------------------------------|---|--|--|
| <input type="checkbox"/> Dyslipidemia | <input type="checkbox"/> Gestational Diabetes | <input type="checkbox"/> Gravida/Para: _____ | <input type="checkbox"/> Hypertension    |
| <input type="checkbox"/> Obesity      | <input type="checkbox"/> Osteoarthritis       | <input type="checkbox"/> Type 1 Diabetes     | <input type="checkbox"/> Type 2 Diabetes |
- Other: \_\_\_\_\_

### Psychiatric History

Depression: PHQ9: \_\_\_\_\_ Date: \_\_\_\_\_

Medication Allergies: \_\_\_\_\_

Current Medications/Vitamins/Herbs/Supplements: Please feel free to attach your patient medication list

Med Name	Dosage & Frequency	Med Name	Dosage & Frequency
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

### Family History:

- Breast Cancer  Diabetes  Ovarian Cancer

Smoking History: Does patient currently smoke?  No  Yes – Number of cigarettes per day (1 pack = 20): \_\_\_\_\_

Alcohol Consumption: Does patient currently drink? –  No  Yes – Number of drinks per week: \_\_\_\_\_

**Vitals:**

Date: \_\_\_\_\_ Systolic BP: \_\_\_\_\_ Diastolic BP: \_\_\_\_\_ Pulse: \_\_\_\_\_  
Height: \_\_\_\_\_ Weight: \_\_\_\_\_  lbs.  kgs. BMI: \_\_\_\_\_

**Physical Exam:**

- Abnormal Thyroid: \_\_\_\_\_
- Acanthosis  Acne  Cervicodorsal Hump  Facial Plethora
- Hirsutism  Male Pattern Baldness  Moon Facies  Proximal Muscle Weakness
- Violaceous Striae  Other: \_\_\_\_\_

**Current Labs:**

Estradiol: \_\_\_\_\_ pg/mL Total Testosterone: \_\_\_\_\_ ng/mL  
 Free Testosterone: \_\_\_\_\_ ng/dL TSH: \_\_\_\_\_ uIU/mL  
 Prolactin: \_\_\_\_\_ ng/mL Hemoglobin A1c: \_\_\_\_\_ %  
 24 Hr. Urine Free Cortisol: \_\_\_\_\_ mcg/24 hrs. DHEA – Sulfate: \_\_\_\_\_ mcg/dL  
 17 Hydroxyprogesterone: \_\_\_\_\_ ng/dL

**Pertinent Imaging Studies:**

- Pelvic Ultrasound Date: \_\_\_\_\_  Normal  Abnormal: \_\_\_\_\_
- Other: \_\_\_\_\_

**Other Comments:**