

The Chronic Pain & Opioid Management team welcomes you to participate in our weekly Pain TeleECHO sessions. Our multidisciplinary specialist team supports primary care clinicians, pharmacists, behavioral health providers, physical therapists and other members of the clinical team to safely manage chronic pain and opioid prescribing.

Each weekly TeleECHO session includes brief lectures or hands-on demonstrations by specialists on specific topics of interest. The 2018-19 curriculum appears on the back of this flyer.

At every session, community clinicians present clinical cases for feedback and recommendations. This participatory group learning will:

- Increase your knowledge of up-to-date pain management approaches,
- Improve your ability to screen for opioid use disorder, and
- Assist you to provide optimal care for your chronic pain patients.

Free continuing education credits for physicians, advanced practice clinicians and pharmacists are available at the end of each session.

How to Participate:

- Email painecho@salud.unm.edu to join our email list.
- Join us via Zoom connection and/or telephone on Tuesdays from 12-1:30pm MT
- Participate in didactic presentations and case discussions
- Complete online evaluation forms to receive CME/CPE credits



Chronic Pain & Opioid Management TeleECHO

Thursdays
12:00 – 1:30 pm MT



Chronic Pain & Opioid Management TeleECHO Clinic

Curriculum

July 2018 – June 2019

Date	Topic
July 5	Cancelled for Holiday
12	Opioid Prescribing Trends in NM
19	Epidemiology of Opioid & Overdose Co-Epidemics
26	Illegal Drug Use in NM: Substances, Trafficking, Trends
Aug 2	Interprofessional/Integrative Pain Management
9	Lumbar MRI Interpretation Pearls
16	Pain Self-Management Strategies
23	Introduction to Addiction
30	Opioid Substance Use Disorder
Sept 6	Basic Pain
13	Painful Rheumatological Conditions
20	Fibromyalgia
27	Chiropractic Exam
Oct 4	Myofascial Exam
11	Trigger Point Injection Workshop
18	Cancelled for Community Workshop
25	Taping Methods
Nov 1	Physical Therapy Exam
8	Neurological Exam
15	Pain and Native American Culture
22	Cancelled for Holiday
29	Historical Trauma and Chronic Pain
Dec 6	Native American Healing
13	Substance Use Disorder in Native American Communities
20	Native American Palliative Pain Care
27	Cancelled for Holiday

Date	Topic
Jan 3	Pain and Addiction During Pregnancy
10	Pediatric Pain
17	Adolescent Addiction
24	Geriatric Pain
31	Medication-Assisted Treatment
Feb 7	Buprenorphine and Benzodiazepines in Primary Care
14	Opioid and Substance Management in the Setting of Depression and Suicidality
21	Office-Based Screening Tools for Depression, Anxiety, and Substance Use Disorder in the Chronic Pain Patient
28	Depression, Anxiety and Chronic Pain
March 7	The Role of Trauma in Chronic Pain
14	Cancelled for Holiday
21	Pharmacology I
28	Pharmacology II
April 4	Naloxone Co-Prescribing with Opioid
11	Use of Opioids for Pain in Palliative Care
18	Pharmacotherapy of Psychotropics: What to Watch For
25	Interventional Pain Management
May 2	What are Best Practices for Integrative Pain Care?
May 9	Dietary Supplements for Migraine Prevention
16	Acupuncture Best Practices
23	Pathophysiology of Taping
30	New Migraine Treatments
Jun 6	Botox for Chronic Migraine
13	Medical Cannabis
20	Buprenorphine for Pain Management
27	Herbal Medications

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